

BY-LAWS

SECTION I

ARTICLE I – NAME, ADDRESS, FISCAL YEAR

1. **Name** – The name of the organization shall be United States of America Wrestling Association – Kansas, Inc. Kids Division. In addition, the organization may conduct its affairs under such trade name(s) as may be approved by its Executive Council, including but not limited to the name USAWA-Kansas Kids.
2. **Address** – The principal office of the organization in the state of Kansas shall be located at the current Executive Director's address.
3. **Fiscal Year** – The fiscal year of the organization shall begin on the first (1st) day of September in each year.

ARTICLE II – OBJECTIVES

The objectives of USAWA-Kansas Kids shall be:

1. To create opportunities in wrestling for youths of all ages through high school, along with their coaches and teachers, and to encourage their continued participation in the sport as they advance beyond this level.
2. To place control and direction of the USAWA-Kansas wrestling program in the hands of those who are working in the program.
3. To help develop responsible wrestling administrators from the ranks of the USAWA-Kansas wrestling programs on the local, state and national levels who will provide responsible leadership and direction to their membership.
4. To develop an attitude of sincere concern among all USAWA-Kansas wrestling coaches towards the improvement of all levels and aspects of wrestling from elementary through Olympic levels of competition.
5. To provide channels of communication within Kansas and between the various states, furthering the exchange of ideas and experience, both favorable and unfavorable, so USAWA-Kansas wrestling programs in any area can learn from, profit from, and expand upon the efforts of such programs in all other areas.
6. To assist in developing strong and enthusiastic USAWA-Kansas wrestling programs throughout Kansas, and to assist in those activities which can best be developed on a statewide basis.
7. To develop an attitude of unity within the state of Kansas toward program development and achievement and to increase the positive attitudes of educators, wrestlers and the general public toward the art of science of wrestling.

8. To provide channels for democratic representation in the various national organizations and national activities which involve the wrestlers and coaches of this age group.
9. To establish general patterns of organization and objectives within the state of Kansas, providing continuity of effort as wrestlers and coaches step forward into more advanced phases of wrestling and in turn are succeeded by newcomers to the USAWA-Kansas program.

ARTICLE III – MEMBERS

1. **Chartered Clubs** – USAWA-Kansas Kids shall include Kansas clubs, known as chartered clubs sanctioned by USA Wrestling, which meet the prescribed requirements as follows:
 - a. A chartered club in USAWA-Kansas Kids must be open to all persons active in the advancement of Kansas wrestling and willing to accept the objectives outlined in this constitution.
 - b. A club may become chartered by filing an application and paying the annual fee, if any, to USAWA-Kansas, Inc.
2. **Voting Members**
 - a. Each chartered club whose charter was issued by USAWA-Kansas, Inc. and paid for during the previous fiscal year by January 1.
 - b. A chartered club must be in good standing with USAWA-Kansas, Inc. to be eligible to vote.
 - c. Each voting member shall have only one vote.
3. **Individual Members Within USAWA Kansas Inc. Clubs** – Individuals in good standing may obtain a membership card by paying the annual fee set by and payable to United States of America Wrestling Association-Kansas, Inc. (USAWA-Kansas, Inc.). Membership categories are:
 - a. Competitor – A wrestler who is on the roster of a current chartered club and in good financial standing. The club shall confirm, through a birth certificate or similarly reliable means, the wrestler's date of birth prior to adding the wrestler to its roster.
 - b. Coach – A person registered with a chartered club that obtains a USAWA coaches card and is in good standing with USAWA-Kansas, Inc.
 - c. Official – A person registered with the Kansas State High School Activities Association and USAWA-Kansas Inc. that officiates sanctioned tournaments.
 - d. General Member – Any person that registers with USAWA and supports the sport of wrestling.
4. **State Body** – The term State Body shall refer to the voting members and the individuals they represent.

ARTICLE IV – OFFICERS

1. **Officers** – The officers of the organization shall be a State Kids Executive Director; an Assistant Executive Director; a Secretary, a Treasurer; a Parliamentarian; and a State Freestyle/Greco-Roman Director; each of whom shall be elected by the State Body voting representatives. The Council may also appoint such other officers and assistant officers as may be deemed necessary.
2. **Election and Term of Office** – The officers of the organization are to be elected by the voting representatives of the State Body at their annual meeting. Each officer shall hold office until his/her successor shall have been duly elected.
3. **Removal** – Any officer or agent elected or appointed by the State Body or the Executive Council may be removed by the Executive Council Members whenever, in their judgment, the best interests of the organization would be thereby benefited.
4. **Vacancies** – A vacancy in any office shall be filled by the Executive Council for the unexpired portion of the term.
5. **Kids Executive Director** – The Executive Director shall be the principal executive officer of the organization and subject to the control of the Executive Council. He/she shall, in general, supervise and control all of the business and affairs of the organization. He/she shall, when present, preside at all meetings of the State Body and of the Executive Council. He/she may sign instruments which the Executive Council have authorized to be executed, except in cases where the signing and execution thereof shall be expressly delegated by the Executed Council, or by this constitution to some other officer or agent of the organization, or shall be required by law to be otherwise signed or executed; and in general, shall perform all duties incident to the office of the Executive Director and such duties as may be prescribed by the Executive Council from time to time.
6. **Assistant Executive Director** – In the absence of the Executive Director, or in the event of his/her death, inability or refusal to act, the Assistant Executive Director shall perform the duties of the Executive Director, and when so acting, shall hold all the power of and be subject to all the restrictions upon the Executive Director. The Assistant Executive Director will serve as the chairperson of the State Tournament Committee and shall be responsible for organizing all USAWA-Kansas Kids folkstyle national competition and, in the event of a USAWA-Kansas, Inc. sponsored folkstyle summer wrestling camp, and the Assistant Executive Director shall be responsible for supervising the camp. The Assistant Executive Director shall perform such other duties as from time to time may be assigned to him by the Executive Director, or by the Executive Council.
7. **Secretary** – The Secretary shall keep the minutes of the State Body and of the Executive Council meetings in one or more books provided for that purpose, see that all notices are duly given in accordance with organization records, and keep a register of the Post Office address of each voting representative and associated representative of each chartered club which shall be furnished to the Secretary by each representative, and in general, perform all duties incident to the office of Secretary and such other duties as from time to time may be assigned to him/her by the State Executive Director or the Executive Council. The Secretary shall be

appointed by the Executive Director and approved by the Executive Council. The Secretary shall be a non-voting member of the Executive Council.

8. **Treasurer** - If required by the Executive Council, the Treasurer shall give a bond for the faithful discharge of his/her duties in such sum and with such surety or guaranties as the Executive Council shall determine. He/she shall have charge and custody of and be responsible for all funds and securities of the organization; receive and give receipts for moneys due and payable to the organization from any source whatsoever, and deposit all such monies in the name of the organization in such banks, trust companies, or other depositories as shall be selected in accordance with this constitution and in general, perform all of the duties incident to the office of the Treasurer and such other duties as from time to time may be assigned to him/her by the Executive Director or by the Executive Council and approved by the State Body.
9. **Parliamentarian** – The Parliamentarian shall review all text revisions of all documents of the organization or perform such other duties as from time to time may be assigned to him/her by the Executive Director or by the Executive Council. He/she shall have available a copy of the latest edition of Robert’s Rules of Order at all meetings.
 - a. Election: The Parliamentarian shall be nominated by the Executive Council and approved by the State Body.
 - b. Powers: The Parliamentarian will interpret this constitution and associated rules, and render a decision whenever there is a question regarding the contents of this document. Any interpretation may be overturned by a total two-thirds voting membership of the Executive Council. This office is a non-voting member of the Executive Council.
10. **State Freestyle/Greco-Roman Director** – Shall be nominated by the Executive Council and approved by the State Body. The State Freestyle/Greco-Roman Director shall have the responsibility of setting up the summer camps and the Kansas Kids National Events relating to Freestyle and Greco-Roman wrestling. The State Freestyle/Greco-Roman Director shall report to and receive approval from the Executive Council.
11. **Kids Official Representative** – Appointed by the Executive Council immediately following the Kids State Folkstyle Tournament. His/her responsibility shall be to represent all Kansas folkstyle wrestling officials. He/she will supervise registration of all USAWA-Kansas officials and keep a written record of all officials.
12. **Kansas Kids Corporate Representatives** – Two officers from the USAWA Kansas Kids Executive Council will be elected to represent the Kids Organization on the corporate board of USAWA Kansas Inc.

ARTICLE V – MEETINGS

1. **Annual Meeting** – The annual meeting of members (the State Body meeting) shall be held within 90 days of the end of the fiscal year, beginning in the year 1985, for the purpose of electing executive officers and for the transaction of such other business as may come before

the meeting. The meeting will be conducted under the rules published in the latest edition of Robert's Rules of Order.

2. **Special Meetings** – Special meetings of the members, for any purpose(s), unless otherwise prescribed by statute, may be called by the Executive Director, or by the Executive Council, or shall be called by the Executive Director at the requests of the members of not less than a quorum required of the organization. The purpose of any special meeting must be specified and only that topic may be discussed.
3. **Place of Meeting** – The Executive Council may designate any place, either within or without the state unless otherwise prescribed by statute, as the place of meeting for any annual meeting or for any special meeting.
4. **Notice of Meeting** – Written notice stating the place, day and hour of the meeting, and in case of a special meeting, the purpose(s) for which the meeting is called, shall be delivered not less than twenty (20) days before the date of the meeting, to current addresses on record.
5. **Quorum** – At any meeting of the members, a quorum for the transaction of business shall consist of voting representatives from five (5) or more chartered clubs from each of the four (4) districts with a minimum of forty (40) chartered clubs.
6. **Proxies** – Voting by proxy will not be allowed.
7. **Order of Business** – The order of business at all meetings of the members, shall be as follows:
 - a. Roll Call
 - b. Proof of Notice of Meeting, or Waiver of Notice
 - c. Reading of minutes of preceding meeting
 - d. Reports of officers
 - e. Reports of committees
 - f. Election of Executive Council
 - g. Unfinished business
 - h. New business

All officers giving reports will provide a typed or neatly hand-written copy of their report to the Secretary prior to giving the report to the state body.

ARTICLE VI – EXECUTIVE COUNCIL

1. **General Powers** – The Executive Council shall have general supervision of the affairs of the State Body between its business meetings, fix the hour and place of the meetings, make recommendations to the State Body, and shall perform such other duties as are specified in this constitution. The Executive Council shall, in all cases, act as a board and they may adopt

such rules and regulations for the conduct of their meetings and the management of the organization as they deem proper to carry out the objective of the organization. The Executive Council shall be subject to the orders of the State Body and none of its acts shall conflict with action taken by the State Body, the constitution, and/or the laws of this state.

2. Number and Selection Procedure

a. The state shall be divided into four (4) geographical districts as determined by the Executive Council. The chartered clubs within each District shall elect, from its member chartered clubs, the following State Directors: a District State Director, two (2) assistant District State Directors and one District Freestyle Representative from each district to serve on the Executive Council as Directors. The Executive Council may allow, through a majority vote of the Council, any District(s) to add one (1) additional District Freestyle Representative.

b. Each district shall be required to hold a minimum of one (1) annual meeting per year, and a copy of the minutes of that meeting shall be sent to the Executive Director by December 1st of that fiscal year. Annual elections will be held at each District meeting for determining the State Directors to represent their District. Each District will provide the names of their elected State Directors at the annual meeting of the organization.

3. **Meetings** – Meetings of the Executive Council may be called at the discretion of the Executive Director, or by the Executive Director at the request of any four (4) members of the Executive Council, representing at least three (3) Districts. The members requesting a meeting of the Executive Council may fix the place and time of any meeting called by them.

4. **Discussion at Executive Council meetings is limited.** General members, coaches, and officials may petition the Executive Director to be placed on the agenda and will have the opportunity to address the Executive Council. The Executive Council shall have the right to ask questions of the member(s).

5. **Members** – The Members of the Executive Council shall include the State Directors elected from each district, and all of the officers elected or appointed under Article IV.

6. **Notice** – Notice of any meeting shall be given at least five (5) days previously thereto by written or email notice to each Member at the address shown on the records of the secretary of the organization. Notice of any meeting shall be given at least five (5) days previously thereto by written notice to each Member at the address shown on the records of the secretary of the organization.

7. **Quorum** – At any meeting of the Executive Council, six (6) Members shall constitute a quorum for the transaction of business. The six (6) Members shall be composed of no less than two (2) officers and one (1) Director from each District. The Director shall consist of those listed under Article V1 2(a).

8. **Manner of Acting** – The act of the majority of the voting Members present at a meeting at which a quorum is present shall be the act of the Executive Council. All Members are voting Members unless otherwise indicated.

9. **Vacancies** – A vacancy on the Executive Council will be filled by a vote of a majority of the voting Members then in office, although less than a quorum may exist. A Member so elected to hold office for the unexpired term of his/her predecessor shall be from the same District.
10. **Removal of Directors** – Any or all of the Members may be removed for cause by vote of the State Body, or by action of the Executive Council.
11. **Compensation** – No compensation shall be paid to the Members, as such, for their services, but by resolution of the board, expenses for actual attendance at each regular or special meeting of the Executive Council may be authorized.
12. **Executive and Other Committees** – The Executive Council, by resolution, may designate from among its Members an Executive Committee and other committees, each consisting of at least one (1) Director from each District. Each such committee shall serve at the pleasure of the Executive Council.
13. **Contracts, Loans, Checks and Deposits**
 - a. **Contracts** – The Executive Council may authorize any officer or officers, agent or agents, to enter into any contract or execute and deliver any instrument in the name of and on behalf of the organization, and such authority may be general or confined to specific instances.
 - b. **Loans** – No loans shall be contracted on behalf of the organization and no evidence of indebtedness shall be issued in its name unless authorized by a resolution of the Executive Council. Such authority may be general or confined to specific instances.
 - c. **Checks, Drafts, etc.** – All checks, drafts or other orders for payment or money, notes or other evidences of indebtedness issued in the name of the organization shall be signed by such officer, officers, or agents of the organization and in such manner as shall from time to time be determined by resolution of the Executive Council.
 - d. **Deposits** – All funds of the organization not otherwise employed shall be deposited from time to time to credit of the organization in such banks, trust companies or other depositories as the Executive Council may select.

ARTICLE VII – COMMITTEES

1. Rules Committee

- a. The Rules Committee shall only consider those rules which directly impact the actions of the mat official during competition.
- b. The Rules Committee shall consist of the Kids Official Representative, the Kids Executive Director, and Assistant Executive Director, one District Representative elected from each district, and the Parliamentarian.
- c. Any recommendation for rule changes from the general membership must be sent to the Executive Director or the Kids Official Representative by July 31st.

- d. The Rules Committee shall meet prior to August 31, with the Kids Official Representative providing at least fourteen (14) days advanced written or email notice of the place, day and hour of the meeting.
 - e. All recommendations from the Rules Committee must have the support of at least four (4) members of the committee.
 - f. In addition to their other duties, the District Representatives will be responsible for providing the Kids Official Representative with assistance in registering officials for USAWA-Kansas Kids. In this regard, they will be operating as agents of the Kids Official Representative, and will comply with his/her guidelines.
2. **State Tournament Committee** – The State Tournament Committee shall be appointed by the Executive Assistant Director and confirmed by the members of the Executive Council.
 3. **Other Committees** - Such other committees, standing or special, shall be appointed by the Kids Executive Director, the Executive Council, or the State Body from time to time as deemed necessary to carry on the work of the organization.

ARTICLE VIII – PARLIAMENTARY AUTHORITY

The rules contained in the current edition of Robert’s Rules of Order Newly Revised shall govern the organization in all cases to which they are applicable, and in which they are not inconsistent with these By-Laws and the Constitution of the organization, and any special rules of order the organization may adopt.

ARTICLE IX – AMENDMENTS OF BY-LAWS

1. Amendments which directly impact the actions of the mat official during competition
 - a. Rules Committee – The Rules Committee, as defined in Section I Article VII, shall consider those rules which directly impact the actions of the mat official during competition. When necessary, a majority vote by the Executive Council will determine which rules the Rules Committee is authorized to act upon. The Rules Committee can consider any suggestion(s) received, whether in oral or written form; however, they must discuss any written suggestions received prior to the date of their meeting.
 - b. Executive Council – Any recommendations from the Rules Committee will be presented to the Executive Council at the next meeting of the council. The Executive Council may approve a Rules Committee recommendation on a majority vote. Upon approval by the Executive Council of an amendment approved by the Rules Committee, the amendment will become effective for the current year.
 - c. State Body – Amendments not approved by the Rules Committee and Executive Council can be made upon a two-thirds vote of the State Body, provided that at least fifty-five percent (55%) of all voting representatives of the state are present. This fifty-five (55%) requirement excludes any Kansas high school only teams chartered by USA Wrestling. These rules may be amended at any annual State Body meeting or at any special State Body meeting when the proposed amendment has been sent out in the notice of such

meeting. Upon approval by the State Body under this provision, the amendment will become effective in the next subsequent fiscal year.

2. Other Amendments

- a. Proposed amendments of these By-Laws may be made by any member of the Executive Council. To guarantee that a proposed amendment is considered by the Council, it must be presented to the Executive Director, in writing, by certified mail postdated no later than July 31. The Executive Director must mail or email a copy of any proposed amendments to each member of the Executive Council no later than August 31. The Executive Council will review proposed amendments and make recommendation to the State Body at the next annual meeting.
- b. These By-Laws may be altered, amended or repealed and a set of new By-Laws may be adopted at any annual State Body meeting, or at any special State Body meeting. Only those proposed changes which have been identified in a notice sent out to member clubs at least 20 days in advance of the meeting may be voted upon at the meeting; however, amendments to the proposals are allowed. Amendments require a two-thirds vote of the voting members, provided that at least fifty-five percent (55%) of all voting representatives of the state are present. This fifty-five (55%) requirement excludes any Kansas high school only teams chartered by USA Wrestling.

SECTION II: DISCIPLINE

ARTICLE 1 - EJECTION FROM SANCTIONED EVENT

1. Any competitor, member, worker, official, or spectator may be ejected from a sanctioned tournament. A copy of this section shall be maintained at the head table of any sanctioned tournament.
2. An ejection may be initiated by the tournament director, assistant tournament director, head official or other official. Upon the initiation of an ejection against an individual they must immediately leave the building in which the sanctioned event is occurring.
3. An ejection is initiated by verbally informing the individual that they have been ejected and verbally informing the tournament director of the requested action. If the ejection is initiated by the tournament director then he must verbally inform the head official as well as the individual being ejected of the ejection.
4. Upon the initiation of an ejection the tournament disciplinary committee shall meet. The tournament disciplinary committee shall include the tournament director, the head official, and the head coach of the hosting club. If one of these individuals cannot or is not willing to serve on this committee then the tournament director shall appoint a disinterested individual who is a certified coach to serve on the committee. The tournament disciplinary committee at the Kansas Kids State Championship shall be the State Committee on Discipline and include the Assistant Executive Director, and the four District Directors. If one of these individuals

cannot or is not willing to serve on this committee then the Executive Director shall appoint a disinterested individual, who is a certified coach or Kids registered official, to serve on the committee. If the individual being replaced is a District Director then he shall be replaced by someone from that same District.

5. The disciplinary committee shall meet at the tournament site as soon as practicable to discuss the ejection. The ejected individual shall have the right to have a certified coach advocate for him with the tournament disciplinary committee but the ejected individual may not directly meet with the tournament disciplinary committee unless such a meeting is requested by the tournament disciplinary committee. It is the responsibility of the ejected individual to have his advocate contact the disciplinary committee if he wishes to have such representation. The disciplinary committee may gather information either in writing or orally on the ejection incident from anyone with first hand information. Once the disciplinary committee has met a majority of the disciplinary committee must vote in favor of the ejection for the ejection to stand. If a majority of the disciplinary committee does not vote for the ejection, then the person ejected must be allowed to re-enter the sanctioned event.
6. If the tournament discipline committee votes to eject the individual from the sanctioned event then the tournament director shall fill out the USAW Kansas Kids Official Ejection Report and forward that form as required immediately.
7. The ejected person's name shall be placed on the Kansas Wrestling website (www.usawks.com). In the event the ejected person is a minor, only his/her age division, weight class and club affiliation will be posted on the website.
8. Any individual ejected from a sanctioned event will not be allowed to participated in and/or attend any other sanctioned tournaments, meetings, events, or practices for the following time periods from the date of the ejection:
 - a. First occurrence - Eight (8) days.
 - b. Second occurrence - Twenty-Four (24) days.
 - c. Third occurrence - One (1) calendar year.
9. In addition to the sanction listed in the preceding paragraph, any individual ejected from the Kansas Kids qualifying series will not be allowed to attend the Kansas Kids State qualifying series the following year. However, the appeal process continues to apply.
10. The tournament director, at his discretion, may request additional sanctions or disciplinary action taken against the ejected individual by notifying the District Director where the ejection occurred in writing (including email) that he or she requests additional action be taken against the individual ejected. If tournament director takes this step then any additional sanctions or actions will be determined by the District Disciplinary Committee.
11. A coach who is ejected from a sanctioned event because of coach misconduct shall be ejected for the remainder of the tournament or event. The penalty sequence will NOT start anew each day. Only the offending coach will be ejected and/or penalized for coach misconduct. This rule alters NFSHSA Rules 5-5-3, 6-6-6, and 8-1-5 on coach misconduct.

ARTICLE 2 - SANCTIONS

1. Sanctions and/or additional disciplinary proceedings may result from one or any combination of, but not limited to, any of the following:
 - a. Any action that tends to injure the good name of, disturb the well being of, or hamper the work of, USA Wrestling, USAW-Kansas, or its divisions, chartered clubs, competitive members, affiliate members, officials, coaches, table workers, or spectators.
 - b. Flagrant and/or repeated destruction of personal and/or public property.
 - c. Falsification of documents regarding wrestling.
 - d. Disciplinary suspension and/or expulsion from a chartered club.
 - e. Theft by an individual or individuals from USA Wrestling, USAW-Kansas, a sanctioned event, a chartered club, or any subdivision of USA Wrestling, or USAW-Kansas.
 - f. Removal from a sanctioned tournament as a result of flagrant misconduct, unsportsmanlike conduct, or coach misconduct.
 - g. Abusive language or unsportsmanlike conduct by a contestant, spectator, coach, table worker, or official.
2. Any member of the Executive Council, State Officer, State Committee member, Certified Coach, Official, General Member, Competitor over the age of 18, or the parent or legal guardian of a competitor under the age of 18, (the petitioner) may initiate a disciplinary action, or request for additional disciplinary action, against any member of the Executive Council, State Officer, State Committee member, chartered club, competitive member, official, coach, tournament worker, or spectator (the respondent).
 - a. In order to initiate a disciplinary proceeding the petitioner must file the USAW Kansas Kids Official Disciplinary Request or the USAW Kansas Kids Official Ejection Report with the District Director in the District where the complained of event occurred or, if not all events occurred in a single District, then with the District Director of the respondent.
 - b. The District Disciplinary Committee shall review any Disciplinary Request form or Official Ejection Report submitted within five days of its receipt. The Committee may gather information either in writing or orally in relation to the request from anyone with first hand information. Both the petitioner and respondent may submit information to the committee.
 - c. The District Disciplinary Committee may conduct its review and vote in person, by conference call, or by email.
 - d. In order for there to be any disciplinary action taken against an individual at least a majority of the disciplinary committee must make a finding that the individual was found to have violated one of the actions listed above in paragraph 1 of this Article.
 - e. The District Disciplinary Committee shall be chaired by the District Director and include the two Assistant District Directors, and two at large members. Each Assistant District

Director shall pick one of the two at-large members to serve on the District Disciplinary Committee. If one of the members of the District Disciplinary Committee is affiliated with the home club of the petitioner or respondent then the District Director shall find a replacement for that committee member. If the District Director is affiliated with the petitioner or respondent then the Kids Executive State Director shall appoint one of the other District Directors to chair the committee for that complaint.

3. Sanctions Related to Disciplinary Actions

- a. Upon a finding that an individual or entity has committed an action worthy of a disciplinary action, or additional disciplinary action, the District Disciplinary Committee may sanction in one or any combination of, but not limited to, the following: reprimand, fine, probation, suspension, or expulsion.
- b. The minimum guideline sanction for a finding that an individual or entity has committed an action worthy of sanction by the District Disciplinary Committee is that the individual or entity will not be allowed to participated in and/or attend any other sanctioned tournaments, meetings, events, or practices for the following time periods. The time periods below are suggested minimums. The occurrences are considered lifetime and not on an annual basis.
 - i. First occurrence - Eight (8) days.
 - ii. Second occurrence - Twenty-Four (24) days.
 - iii. Third occurrence - One (1) calendar year.
- c. If the action worthy of sanction involves physical contact that would constitute a battery, such as, intentionally or recklessly causing bodily harm to another person, or intentionally causing physical contact with another person when done in a rude, insulting or angry manner, then the individual or entity will not be allowed to participated in and/or attend any other sanctioned tournaments, meetings, events, or practices for the following time periods from the date of the complained of action. The time periods below are suggested minimums. The occurrences are considered lifetime and not on an annual basis.
 - i. First occurrence - Forty-Five (45) days.
 - ii. Second occurrence - Expulsion
- d. The sanctioned person or entities name shall be placed on the Kansas Wrestling website (www.usawks.com). In the event the sanctioned person is a minor, only his/her age division, weight class, and club affiliation will be posted on the website.

4. Definitions

- a. Suspension is the removal of an individual or entity from membership in the organization for a set period of time. During the period of suspension the suspended party shall not be allowed to participated in and/or attend any sanctioned tournaments, meetings, events, or practices.

- b. Expulsion is the permanent removal of an individual or entity from the membership in the organization. During the period of expulsion the expelled party shall not be allowed to participated in and/or attend any, sanctioned tournaments, meetings, events, or practices.
- c. Probation is a period of time in which an individual or entity's fitness for membership in the organization is being tested and reviewed. During a period of probation any sanctionable offense, or violation of a term of probation, shall be reviewed directly and solely by the State Committee on Discipline. Reports of any sanctionable offenses or violations of probation shall be sent directly to the Kids Executive Director. During the period of probation, by majority vote, the State Committee on Discipline may make changes to the terms of the probation, suspend the member, or expel the member. Any decision of the State Committee on Discipline is not reviewable during a period of probation.

ARTICLE III - APPEAL PROCEDURES

- 1. Any individual or entity that is disciplined or sanctioned has the right to appeal an ejection, sanction, or disciplinary action. However, any action of a person or entity who is on probation at the time of the action will be reviewed only by the State Committee on Discipline and may not appeal to any other committee for review.
- 2. Appeal from Ejection
 - a. Any individual ejected from a sanctioned event has the right to appeal directly to the District Disciplinary Committee where the sanctioned event occurred. The District Disciplinary Committee must review the ejection within five days of receiving the appeal.
 - b. An appeal is initiated by the ejected individual informing the District Director, where the ejection occurred, in writing (including email), that he wishes to appeal the ejection. The appeal must be provided in writing (including email) to the appropriate District Director within five days of the ejection. The appeal will then be handled by the District Disciplinary Committee.
 - c. The District Disciplinary Committee shall review any appeal within five days of its receipt. The Committee may gather information either in writing or orally in relation to the request from anyone with first hand information. Both the appealing party and the tournament disciplinary committee may submit information to the committee.
 - d. The District Disciplinary Committee may conduct its review and vote in person, by conference call, or by email.
 - e. In order for the ejection to be upheld at least a majority of the disciplinary committee must make a finding that the individual's conduct justified the ejection.
- 3. Appeal from District Disciplinary Committee
 - a. Any individual or entity that has been disciplined or sanctioned by a District Disciplinary Committee has the right to appeal to the State Committee on Discipline.

- b. The individual or entity that has been disciplined or sanctioned by the District Disciplinary Committee shall initiate his appeal in writing (including email) to the Kids Executive Director. . The appeal must be provided in writing (including email) to the Executive Director within five days of the District Disciplinary Committee's decision to impose a disciplinary action or sanction.
 - c. The Kids Executive Director shall provide a copy of the appeal to the members of the State Committee on Discipline within three days of its receipt.
 - d. The Assistant Executive Director shall gather all relevant information regarding the appeal and forward that information to the members of the State Committee on Discipline. The party filing the appeal may also provide the Assistant Executive Director with information to be forwarded to the members of the State Committee on Discipline.
 - e. The State Committee on Discipline may review the materials at a meeting in person, by phone conference, email, or a combination of those. After reviewing the materials provided, the Committee shall then vote by majority rule to uphold the finding of the District Committee on Discipline, reverse the finding of the District Committee on Discipline, or modify in any manner, including adding additional sanctions, to those sanctions imposed by the District Committee on Discipline.
 - f. The State Committee on Discipline shall review any appeal within seven days of the appeal being filed with the Kids Executive Director.
 - g. The State Committee on Discipline shall include the following members: the Assistant Executive Director, and the four District Directors. If one of these individuals cannot or is not willing to serve on this committee then the Executive Director shall appoint a disinterested individual, who is a certified coach or Kids registered official, to serve on the committee. If the individual being replaced is a District Director then he shall be replaced by someone from that same District.
4. Appeal from the State Committee on Discipline
- a. An individual or entity (appellant) may appeal from any sanction or disciplinary action of the State Committee on Discipline. To initiate an appeal the appellant must provide in writing (including email) to the Kids Executive Director the basis for his or her appeal and must also make a payment of \$100 made payable to USAW-Kansas Kids. Any such appeal must be provided to the Executive Director within 10 days of the imposition of any sanction or disciplinary action. The deposit shall be refunded if the appellant is found not guilty of the violation which is the cause of the action.
 - b. Such an appeal will be conducted as a trial. The trial will be conducted at the next regularly scheduled meeting of the Kids Executive Council, or at a special meeting of the Kids Executive Council, whichever is sooner.
 - c. The voting members of the Kids Executive Council, less the Kids Executive Director and the Assistant Executive Director, shall serve as the trier of fact and determine any sanction or disciplinary action taken by majority vote. At least one half of the voting members of the State Executive Committee, less the Executive Director and the Assistant

Executive Director, must be present for there to be a quorum present during the trial. If there is no quorum present for the Trial, then the trial must be continued to the next regular meeting or special meeting of the Kids Executive Council.

- d. The Kids Executive Director shall serve as the presiding officer at the trial. The Assistant Executive Director shall serve in this capacity if the Executive Director cannot.
- e. The Assistant Executive Director shall advocate (the committee's advocate) on behalf of the position of the State Committee on Discipline. The Parliamentarian shall serve in this capacity if the Assistant Executive Director cannot.
- f. The appellant may have an advocate present with him. This advocate must be member in good standing with USAW-Kansas.
- g. The Trial Procedure
 - i. The presiding officer shall call the trial to order.
 - ii. The trial is not open to the public and shall be held privately. Only members of the Kids Executive Council, the appellant, and his advocate may be present at the trial.
 - iii. The Secretary shall read the complaint and specifications out loud to those present.
 - iv. The presiding officer shall ask the appellant how he or she pleads to each specification or charge. The accused may admit, deny, or not contest, each specification or charge. If the appellant admits, or does not contest each of the specifications or charges, then the case will proceed to disposition. If the appellant denies any or all of the specifications or charges, then the case will continue.
 - v. The Committee's advocate may present witnesses. The appellant or his advocate may question those witnesses.
 - vi. The appellant or his advocate may present witnesses. The committee's advocate may question those witnesses.
 - vii. Each party will then have an opportunity for rebuttal witnesses and to question those witnesses.
 - viii. The committee's advocate may make a closing statement to the trier of fact followed by the appellant or his advocate. The committee's advocate may then make a final statement.
 - ix. The trier of fact shall then deliberate, in private, as to whether the appellant did or did not do the acts he is accused of doing. Before deliberations begins the trier of fact shall appoint a foreman. The trier of fact shall vote by majority of those present and will use a preponderance of evidence standard of proof (more likely

than not) to determine whether or not the appellant committed the acts he is accused of committing.

- x. If the trier of fact finds that the appellant did not do any of the sanctionable acts he or she is accused of doing, the appellant will be immediately informed of their finding and any record of a contrary finding will be deleted from the records of USAW-Kansas. Further, any sanction or disciplinary action previously taken will be immediately removed.
- xi. If the trier of fact finds that the appellant did commit any of the sanctionable acts he or she is accused of doing, the case will proceed immediately to disposition.

h. Disposition Procedure

- i. The trier of fact will deliberate an appropriate disposition, in private, as to any sanction or disciplinary action taken against the appellant. Before deliberations begin the trier of fact will choose a foreman if they have not already done so. The trier of fact may sanction in one or any combination of, but not limited to, the following: reprimand, fine, probation, suspension, or expulsion. The minimum guideline sanctions remain to guide the trier of fact, as listed in this section, but the trier of fact may increase or lessen any sanction or disciplinary action as it feels necessary.
- ii. A majority of the individuals serving as the trier of fact must agree on the cases disposition. Once they have determined a disposition they will notify the presiding officer that they have reached a disposition. The foreman of the trier of fact will reduce the disposition into writing.
- iii. All parties will then return for the reading of the disposition. The presiding officer will review the written disposition and clarify any ambiguities. The secretary will then read the disposition openly to all present.

5. Appeal from the State Executive Council

- a. Any party who has gone through the trial and/or disposition procedure of the Kids Executive Council may appeal this disposition to the State Membership at the next meeting of the State Body. In order to initiate such appeal, the appellant must submit a payment of \$250 to the treasurer of USAW-Kansas Kids and inform the Kids Executive Director in writing (including email) that he wishes to appeal the disposition of the Executive Council. Any such appeal must be provided to the Executive Director within 10 days of the imposition of any sanction or disciplinary action. The appeal will then be placed on the agenda of the next meeting of the State Body.
- b. Appeal Process at the State Body Meeting.
 - i. The charges, findings of the trier of fact, and disposition of the trier of fact will be read to the state body by the secretary.
 - ii. The appellant may make a statement to the State Body.

- iii. The committee's advocate may make a statement to the State Body.
- iv. The appellant will leave the room.
- v. The State Body will vote by majority vote to do the following: leave the disposition the same, or lessen any disciplinary action or sanction. The State Body may not increase the disciplinary action or sanction of the appellant.
- vi. The appellant will then be informed by the Kids Executive Director of the State Body's decision.

ARTICLE IV - REINSTATEMENT

1. Reinstatement of Suspension

- a. Following the successful completion of an individual or entity's period of suspension, they shall be reinstated as a member of the organization.
- b. Once an individual or entity is reinstated as a member, they may be required to serve a period of probation, with additional conditions, through a majority vote of the State Committee on Discipline.
- c. After an individual or entity has served 75% of their suspension period they may request an early reinstatement. This request shall be in writing to the Kids Executive Director. The request will also include a deposit of \$250 made payable to USAW-Kansas Kids.
- d. A copy of the request will be sent to each member of the State Committee on Discipline.
- e. The State Committee on Discipline will meet in person, by conference call, or by email. The State Committee on Discipline will determine, by majority vote, if the individual shall be reinstated early, and if so, any other actions including terms of a probationary period which are imposed.
- f. Any expenses of the State Committee on Discipline, or the cost of any terms of the probationary period, shall be born by the suspended party.

2. Reinstatement of Expulsion

- a. An individual or entity may request reinstatement in the membership of the organization at any time after they have been expelled for a period of five years. This request shall be in writing to the Kids Executive Director. The request will also include a deposit of \$500 made payable to USAW-Kansas Kids.
- b. A copy of the request will be sent to each member of the State Committee on Discipline.
- c. The State Committee on Discipline will meet in person, by conference call, or by email. The State Committee on Discipline will determine by majority vote if the individual shall have the expulsion lifted, and if so, any other actions including terms of a minimum one-year probationary period.

- d. Any expenses of the State Committee on Discipline or the cost of any terms of the probationary period shall be born by the suspended party.
- e. If the individuals probation is found to have been violated by the State Committee on Discipline, then automatic expulsion from the membership shall occur for a minimum of three additional years.

ARTICLE V - AMENDMENTS TO THE SECTION ON DISCIPLINE

Amendments to this section shall follow the same guidelines as those found in Section I, Article IX of these By-Laws.

SECTION III: TOURNAMENT OPERATIONS

ARTICLE I – SANCTIONED FOLKSTYLE TOURNAMENTS

1. All USAWA-Kansas Kids sanctioned tournaments must be sanctioned by USA Wrestling and be on file with the USAWA-Kansas Chairman at least thirty (30) days prior to the tournament.
2. **Rapid Weight Reduction Rule** – USAWA-Kansas Kids discourages rapid weight reduction methods under any circumstances. It further believes that rapid weight reduction “cutting weight” through caloric restriction, dehydration, and excessive exercise in heated environments exposes wrestlers to decreased performance, heat related trauma, and hazard to health and life. Whereas USAWA-Kansas Kids has adopted the following rules:
 - a. With regard to the practice of dehydration, the use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heated devices, diuretics, emetics, laxatives, excessive food and fluid restriction and self-induced vomiting is prohibited.
 - b. Regardless of purpose, the use of vapor-impermeable suits (e.g. rubber or rubberized nylon) is prohibited.
 - c. Violation of these rules at USAWA sanctioned events shall cause the individual(s) in question to be suspended from the competition for which use of the prohibited methods were intended.
 - d. Enforcement for this rule shall be the responsibility of the tournament committee which is to be established prior to the competition. The decision of the tournament committee shall be final.
 - e. A second violation will result in the suspension of the individual(s) from any USAWA sanctioned event for one calendar year from time of suspension.
 - f. Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes.

3. All sanctioned tournaments must comply with the rules in the annual publication by the National Federation of State High School Associations (NFSHSA), unless otherwise specified in this document. The following modifications refer to the NFSHSA rule that has been modified.

Rule 1-2-1 A club may enter as many wrestlers per age and weight class as are otherwise qualified.

Rule 1-2-2 There is no limit to the number of matches per day per wrestler. Wrestling will not continue past 10:00 P.M. and no more than twelve hours per day.

Rule 1-2-3 No contestant shall wrestle in two (2) consecutive matches with less than thirty (30) minutes rest between matches in the same bracket, unless both of the coaches and wrestlers involved agree to waive the rest period.

Rule 2-1-2 The wrestling area of the mat shall be based on the age group competing, as follows:

Under 11 must have a minimum wrestling area of 15' x 15'

11 to 14 must have a minimum wrestling area of 20' x 20'

High School must have a minimum wrestling area of 24' x 24' or a circular area of 28 feet in diameter

Rule 2-1-3 This rule is omitted.

Rule 3-1-1 A minimum of fifty-percent (50%) of the officials will be required to be USAWA-Kansas and high school registered for all sanctioned tournaments.

One registered official will serve on the tournament disciplinary committee and be in charge of all officials. It is recommended that all officials be both high school and kids registered.

To be a Kansas Kids registered official:

1. Return registration form with a check for \$5.00.
2. Must be a high school registered official.
3. An official referee uniform is mandatory during all competition.
4. Failure to honor a written contract to officiate will be grounds to have Kansas Kids certification revoked.
5. Must have officiated at least one kids tournament to be considered for the Kids State Tournament.

Rule 3-1-4 The enforcement of rules regarding hair, finger nails, and communicable diseases will be the responsibility of the tournament committee at the time of weigh-in. The Tournament Director will have a medical aid procedure in operation and at a minimum of an E.M.T. present on site, and will advise the coaches who the medical director may be.

- Rule 3-1-5** The safe handling of blood cleanup on the mats will be the responsibility of the host tournament director, who will have cleanup materials at all mat areas.
- Rule 4-1-1** The legality of all uniforms will be up to the referee, and need not conform to the NFSHSA rule.
- Rule 4-2-3** The written documentation must consist of the form designed by USAWA-Kansas Kids, Inc. This form must be accompanied by a physician's letterhead or prescription form.
- Rule 4-4-1** Competition shall be in the following age and weight classes. Minimum age determination shall be as of midnight, August 31 for that competitive year. For example, a child with a birthday on August 31, 1998 will wrestle at a minimum as an eleven-year-old during the 2009/10 season. A child born on September 1, 1998 will wrestle at a minimum as a ten-year-old during the 2009/10 season. Any USAWA-Kansas Kids club may challenge the age of any wrestler during weigh-in at a sanctioned tournament. The wrestler or the wrestler's club must, within one week, provide a birth certificate or similarly reliable verification that the wrestler's age and school grade stated on his/her membership card is accurate. The High School Division is available for wrestlers currently attending high school, or middle school if their age does not qualify them for a younger age division. Wrestlers qualifying for two different age divisions may only enter one of those divisions.

| | |
|----------------------|--|
| <u>8 & Under</u> | 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125 |
| <u>9 & 10</u> | 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170 |
| <u>11 & 12</u> | 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240 |
| <u>13 & 14</u> | 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265 |
| <u>High School</u> | 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 250, 285 |

Additional and/or combined age and weight classes can be used at the option of the host tournament director. Double-dipping (entry into a maximum of two different age brackets) and wrestling up in age shall be permitted. Should the tournament director wish to opt out of allowing double-dipping and /or wrestling up in age, they must notify entrants via flyer or other means prior to tournament.

Special Needs Wrestler

1. A wrestler with "special needs" may be certified as a special needs athlete and allowed an accommodation to wrestle in an age group one division younger than currently qualified.
2. In order for a special needs athlete to be allowed such an accommodation they must present an application to the chair of the Special Needs Advisory Board(SNAB). The application must include the reasons for the requested

accommodation, a letter requesting such an accommodation from the applicant's home club, and an individual education plan (IEP) that states the age appropriateness of the applicant to their peers. If the applicant has Down syndrome, then a completed Atlantoaxial Subluxation exam form must also be provided with the application.

3. The three member SNAB is appointed each year by the Kids Executive Director at the State Body Meeting. At least one of the members of the SNAB shall have a child who would meet the requirements of special needs certification listed below, and at least one of the members of the SNAB must be a coach, as defined in Section 1, Article III, 3(b) of these By-Laws, and hold a bronze level certification or higher. The three members of the SNAB shall select a chairman from their membership each year.
4. The SNAB will review any application for "special needs" certification which is submitted. During the review process the SNAB may also request additional information from the applicant or their club. The application review process may be done in person, by telephone, or email. After review of the application the SNAB will then recommend to the Kids Executive Director whether or not the applicant should be allowed to wrestle in an age division on division younger than currently qualified.
5. Upon receipt of the recommendation from the SNAB, the Kids Executive Director will determine whether or not to certify the applicant as a wrestler with "special needs". If the wrestler is certified by the Kids Executive Director as a "special needs" athlete then a written certification will be provided to the applicant by the Kids Executive Director. The written certification will be valid for the current season only, and a copy must be presented by the home club of the special needs wrestler to each tournament director, at the time of any tournament registration, in order for the special needs athlete to be allowed to wrestle in an age group one division younger than currently qualified.
6. An athlete with "special needs" is a person that satisfies any one of the following requirements below:
 - a. The person has been identified by an agency or professional as being developmentally delayed as determined by their localities. The term "developmentally delayed" refers to various terminology used throughout the world, including intellectual disability, intellectual handicap, mental disability and mental handicap; or
 - b. The person has a cognitive delay, as determined by standardized measures such as intelligent quotient of "IQ" testing (typically defined as having an IQ of 75 or less) or other measures which are generally accepted within the professional community as being a reliable measurement of the existence of a cognitive delay; or
 - c. The person has a closely related developmental disability. A "closely related development disability" means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as in recreation, work, independent living, self-direction or self-care). However,

- persons whose functional limitations are based solely on a physical, behavioral or emotional disability, or a specific learning or sensory disability, would not qualify as a wrestler with “special needs”; or
- d. In the case of exceptional circumstances that do not meet the requirements set out above.

Rule 4-4-2 No wrestler will be permitted to wrestle another person with a weight spread exceeding the following weights:

| | |
|-------------|-----------|
| 8 & Under | 15 Pounds |
| 9 & 10 | 20 Pounds |
| 11 & 12 | 25 Pounds |
| 13 & 14 | 30 Pounds |
| High School | 35 Pounds |

Rule 4-5-1 All sanctioned tournaments will hold a weigh-in. The weigh-in procedures shall be determined by the tournament director. All participants shall have the opportunity

& Rule 4-5-3 to weigh-in at the same time. No weigh-in shall be prior to twenty four (24) hours before the published tournament start time. However, a novice only tournament wrestled on Sunday may conduct its weigh-in up to forty-eight (48) hours before the published tournament start time. Wrestlers shall wear a competition style singlet at weigh-in.

Rule 4-5-5 There shall be no weight allowances given, unless otherwise allowed by the tournament director.

Rule 6-1-1 The length of matches will be determined by the age group wrestling. 8 & Under / 9 & 10 will wrestle three one (1) minute periods. High School will wrestle three two (2) minute periods. All other age groups will wrestle three one and one-half (1 1/2) minute periods.

Rule 6-1-2 The first period in all consolation matches may be either one minute, or a regulation length period, at the option of the tournament director.

Rule 10-2-2 Wrestling will not begin until the wrestler is represented by a coach at matside. Coaches and wrestlers shall be permitted a maximum of two (2) minutes total to appear at the mat. Failure of a coach or wrestler to appear shall result in forfeit to the opponent.

Rule 10-2-5 A forfeit or no-show is the same as any other loss.

Rule 10-3-6 In the event of a tie in a round robin, the winner will be determined based on head-to-head competition. If head-to-head competition cannot determine the winner, the winner will be determined by total points earned:

| | |
|--|---|
| Fall, forfeit, default or disqualification | 4 |
| Technical fall | 3 |
| Major decision (8 to 14 pts) | 2 |
| Decision (0 to 7 pts) | 1 |

If the winner still cannot be determined, the total bracket will be wrestled again.

ARTICLE II – QUALIFYING FOLKSTYLE TOURNAMENTS

1. Qualifying tournaments are tournaments that are used to qualify or are in a series of tournaments that could advance a wrestler to the State level of competition, including the state tournament itself. Qualifying tournaments are subject to all sanctioned tournament rules in the preceding Part A, except where those rules have been modified or expanded under this Part B.
2. For the purpose of eligibility of entering a Sub-District or District tournament, a competitive member must be a resident of Kansas and/or be enrolled in a Kansas educational school system. Special cases to this rule are subject to notification and permission from the Executive Council. The State Tournament Director will be notified of any person permitted to wrestle under this provision.
3. SEEDING MEETINGS - Each district will establish a deadline, 10 days prior to the initial qualifying tournament in each District after which no additional entries may be made without paying a penalty fee of \$50. At the seeding meeting, weight or age corrections or scratches may be made in all age groups, including walk-on wrestlers, prior to the start of seeding the wrestlers without requiring a penalty fee. Additional entries may be made in writing one hour prior to the published start time of the seeding meeting, but any such entrant must pay a penalty fee. Once the seeding starts, no changes, or additions will be allowed except in the case of clerical errors by the tournament director.
4. Entry forms will be furnished by USAWA-Kansas Kids.
5. Entry Fees for the qualifying tournaments and state tournament will be set each year by the State Body.
6. The District State Director and his/her two Assistant State Directors will determine the number of qualifiers from Sub-District to District. Each District will have this responsibility.
7. There will be four (4) qualifiers from each District to State. The State Tournament Committee, working in conjunction with the district directors, shall establish standard policies that each district will follow in determining these qualifiers. These policies will not conflict with any rule in these By-Laws.
8. The weight classes that a kid wrestler enters at the lowest level qualifying or advancement tournament will be the same for the following tournaments throughout state competition.
9. All Junior High Wrestlers that were participating in a school affiliated (KSHSAA) wrestling program on the same day as a qualifier, will be permitted to wrestle in the next level tournament.
10. There will be at least one official per wrestling area, plus one official for each three wrestling areas.

- The pairings of the State Tournament bracket will be District first place winner vs. District fourth place winner, and District second place winner vs. District third place winner. Bracket pairings are rotated annually. Current pairings are:

| | | | |
|------|--|------|--|
| 2012 | District I vs. IV District II vs. III | 2013 | District I vs. II District III vs. IV |
| 2014 | District I vs. III District II vs. IV | 2015 | District I vs. IV District II vs. III |

- The State Folkstyle Tournament will be held the last Saturday/ Sunday of March; unless the last Sunday is Easter, in that case, the tournament will be moved to the last Friday/Saturday of March.

- Rules Modifications (references to NFSHSA rules book):

Rule 2-2-2 The safety mat area defined in modified Rule 2-1-2 must be kept clear at all times, except for two member coaches per wrestler. Only member coaches with bronze level certification will be allowed mat side.

Rule 3-1-1 The referee's uniform is mandatory. All referees must be High School registered and Kids registered.

Rule 4-4-1 No additional age or weight classes are allowed. Wrestlers whose weight exceeds the maximum weight class in their age division may move up a maximum of one age division; otherwise, wrestlers may not wrestle out of their age division.

Rule 4-5-5 There shall be no weight allowances given.

Rule 6-1-2 The first period in all consolation matches will be one minute.

Rule 10-4 In the event of a bracket with three to five wrestlers, there will be a round robin. In the event of a two-man bracket they will wrestle the best two out of three matches. Brackets with six to eight competitors will first be drawn up on a 16 man bracket to determine seeds and then the brackets will be reduced to an 8 man bracket with the seeds determined in order from highest to lowest as they appear on the 16 man bracket.

ARTICLE III – FREESTYLE & GRECO-ROMAN TOURNAMENTS

- The fall, illegal holds, age determination, criteria, weight classes, and length of matches are as defined in the International Rule Book & Guide to Wrestling, as published by USA Wrestling.
- Wall brackets will be USA Wrestling Freestyle bracketing.

