

## 2009/10 Rules Modifications for Sanctioned Tournaments (*references to NFSHSA rules book*)

**Rule 1** A club may enter as many wrestlers per age and weight class as are otherwise qualified.

There is no limit to the number of matches per day per wrestler. Wrestling will not continue past 10:00 P.M. and no more than twelve hours per day.

No contestant shall wrestle in two (2) consecutive matches with less than thirty (30) minutes rest between matches, unless both of the coaches and wrestlers involved agree to waive the rest period.

**Rule 2** Every wrestling area, no matter what size, must have a minimum three (3) foot safety mat area next to any floor surface and five (5) foot from any wall or post. Two (2) coaches' boxes will be marked in appropriate locations within the safety area. The coaches' boxes are to be no more than five (5) foot in width. The wrestling area of the mat shall be based on the age group competing, as follows:  
 Under 11 must have a minimum wrestling area of 15'x15'  
 11 to 14 must have a minimum wrestling area of 20'x20'  
 15 & 16 must have a minimum wrestling area of 24 feet square or a circular area of 28 feet in diameter

The rule on mat markings is omitted.

**Rule 3** A minimum of fifty-percent (50%) of the officials will be required to be USAWA-Kansas and high school registered for all sanctioned tournaments. One registered official will serve on the tournament committee and be in charge of all officials. It is recommended that all officials be both kids and high school registered.

The enforcement of rules regarding hair, fingernails and communicable diseases will be the responsibility of the tournament committee at the time of weigh-in. The Tournament Director will have a medical aid procedure in operation and at a minimum of an E.M.T. present on site, and will advise the coaches who the medical director may be.

The safe handling of blood cleanup on the mats will be the responsibility of the host tournament director, who will have cleanup materials at all mat areas.

**Rule 4** The legality of all uniforms will be up to the referee, and need not conform to the NFSHSA rule.

The written documentation required by Rule 4-2-3 must consist of the form designed by USAW Kansas Kids, Inc. This form must be accompanied by a physician's letterhead or prescription form.

Competition shall be in the following age and weight classes. Age determination shall be as of midnight, August 31 for that competitive year. For example, a child with a birthday on August 31, 1998 will wrestle as an eleven-year-old during the 2009/10 season. A child born on September 1, 1998 will wrestle as a ten-year-old during the 2009/10 season. Any USAWA-Kansas Kids club may challenge the age of any wrestler during weigh-in at a sanctioned tournament. The wrestler or the wrestler's club must, within one week, provide a birth certificate or similarly reliable verification that the wrestler's age stated on his/her membership card is accurate.

**8 & Under** 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125

**9 & 10** 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170

**11 & 12** 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240

**13 & 14** 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265

**15 & 16** 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 185, 215, 250, 285

Additional and/or combined age and weight classes can be used at the option of the host tournament director.

No wrestler will be permitted to wrestle another person with a weight spread exceeding the following weights:

8 & Under	15 Pounds
9 & 10	20 Pounds
11 & 12	25 Pounds
13 & 14	30 Pounds
15 & 16	35 Pounds

All sanctioned tournaments will hold a weigh-in. The weigh-in procedures shall be determined by the tournament director. All participants shall have the opportunity to weigh-in at the same time. No weigh-in shall be prior to twenty four (24) hours before the published tournament start time. Wrestlers shall wear a competition style singlet at weigh-in.

There shall be no weight allowances given, unless otherwise allowed by the tournament director.

**Rule 6** The length of matches will be determined by the age group wrestling. 8 & Under / 9 & 10 will wrestle three (1) one minute periods. All other age groups will wrestle three one and one-half (1½) minute periods.

The first period in all consolation matches may be either one minute, or a regulation length period, at the option of the tournament director.

**Rule 8** An official ejection will follow an official warning, except in the case of flagrant misconduct. Anyone officially ejected from a tournament must leave the building, and will not be allowed to participate in and/or attend any other sanctioned event or activity. This sanction shall be effective for:

- 1<sup>st</sup> occurrence – 8 days
- 2<sup>nd</sup> occurrence – 24 days
- 3<sup>rd</sup> occurrence – one calendar year from date of ejection

**Rule 10** Wrestling will not begin until the wrestler is represented by a coach at matside. Coaches and wrestlers shall be permitted a maximum of two minutes total to appear at the mat. Failure of a coach or wrestler to appear shall result in forfeit to the opponent.

A forfeit or no-show is the same as any other loss.

In the event of a tie in a round robin, the winner will be determined based on head-to-head competition. If head-to-head competition cannot determine the winner, the winner will be determined by total points earned:

Fall, forfeit, default	
or disqualification	4
Technical fall	3
Major decision (8 to 14 pts)	2
Decision (0 to 7 pts)	1

If the winner still cannot be determined, the total bracket will be wrestled again.

**These rules are mandatory for all sanctioned tournaments.**

## Rules Modifications for Qualifying Tournaments

Qualifying tournaments are subject to all sanctioned tournament modifications, except where those rules have been modified or expanded below.

- Rule 2 The safety mat area defined in modified Rule 2-1-2 must be kept clear at all times, except for two member coaches per wrestler. Only member coaches with bronze level certification will be allowed mat side.
- Rule 3 The referee's uniform is mandatory. All referees must be both High School and Kids registered.
- Rule 4 No additional age or weight classes are allowed. At no time will a wrestler be permitted to wrestle out of their age division unless it is specifically stated in these standing rules.  
There shall be no weight allowances given.
- Rule 6 The first period in all consolation matches will be one minute.
- Rule 10 In the event of a bracket with three or four wrestlers, there will be a round robin. In the event of a two-man bracket they will wrestle the best two out of three matches.

**USA Wrestling**  
**Kansas Kids**



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