



Junior Viking Capital City Challenge

Open and Novice Brackets

- When:** Sunday – February 22, 2009
All entries must be received by Tuesday – February 17th
- Where:** Seaman High School
4850 NW Rochester Rd
Topeka, KS 66617
- Admission:** Free
- Entry Fee:** \$15 NON-REFUNDABLE – Must accompany entry form
- Limit:** Limited to first 500 paid entry
Limits will be strictly followed. Get your entries in early!
We will be using 2 side-by-side gyms this year.
- Enter Wrestlers At:** www.trackwrestling.com
- Contact Info:** Junior Viking Wrestling Club Ph. (785)286-0899 (after 8pm)
Mark Stanley jrvikingswrestling@yahoo.com
2201 NE 35th
Topeka, KS 66617
- Weigh In:** Saturday, February 21 6:30 pm – 8:00 pm
Sunday, February 22 6:30 am – 7:30 am
- Coaches Meeting:** 8:00am (brackets posted at 8:30am)
- Wrestling Begins:** 9:00am
- Rules:** KSHSAA w/USA Adoptions, USAW Card Required
ONLY TWO COACHES AND WRESTLERS MATSIDE WILL BE ENFORCED.
Coaches must have USAW membership and may be asked show valid card and ID.
- Awards:** Open – medals awarded to 1st through 4th
Novice – all brackets will be round robin and all participants will receive a medal
- Age and Weight Divisions:**
6 & U 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95
7 & 8 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125
9 & 10 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170
11 & 12 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240
13 & 14 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265
(age on August 31, 2008 will apply)
*Please rate all wrestlers and list exact weights for any heavy weight brackets. Brackets may be combined.
A – State Qualifier, B – Above Average, C – Average, D1 – Novice (1st year), D2 – Novice (2nd year)*
- Concessions:** A full breakfast and lunch will be available from 6:30am on. Great concessions and snacks available!
- Note:** Junior Viking Wrestling Club and/or Seaman – USD#345 will not be held responsible for any injuries and/or lost or stolen property on or around school premises. Please, no alcohol or tobacco use on school property. We would ask that you leave your club area the way you found it. Please throw away your trash. **NO FOOD WILL BE ALLOWED IN THE GYM.**