

# NORTH CENTRAL KANSAS WRESTLING FESTIVAL 2010

LOCATION: MINNEAPOLIS GRADE SCHOOL 312 Delia,  
Minneapolis Kansas.

DATE: JUNE 4TH AND 5TH

TIME: JUNE 4<sup>th</sup> 4:00pm – 8:00pm JUNE 5<sup>th</sup> 8:30am –3:00pm

AGES: 12 and up

## CAMP STAFF:

Jeff Giles                   Head Coach Minneapolis High School  
KWCA Coach of the year 2002  
Kansas Association of Wr. Officials Coach of the year 2002  
Dual Record 235 – 81 – 1  
Missouri State University 3 year starter

Jacob Marrs               3x N.C.A.A. Division II All American  
University of Nebraska Omaha  
High School All American (Senior Nationals)  
Kansas State Champion

Nick Johnson              2x Kansas State Champion  
Former Neosho County Community College Wrestler  
Assistant Coach Bennington High School

(Other members and former members of the Minneapolis coaching staff and wrestling family)

This camp will provide good technique that is effective at the high school level. We will show and drill technique from all 3 positions that will score against quality opponents. Instruction will include how to set up and execute the techniques during matches. Our goal of this camp is to provide low cost quality instruction and competition from, quality coaches close to home. (Every year at this camp I have some additional excellent coaches who show up to help that I didn't know would be there.)

**Lodging will be provided at Minneapolis Grade School Friday night for campers who traveled too far to go home. Bring your sleeping bag.**

What to bring: T – shirts, shorts, and wrestling shoes. You may want to bring two sets if you plan on staying in Minneapolis on Friday night. Headgear is optional, but don't forget there is a live tournament on Saturday afternoon. You may want to bring enough cash for lunch on Saturday. **(Friday's dinner is provided)**

CAMP SCHEDULE

FRIDAY JUNE 4TH  
REGISTRATION: 3:00PM – 4:00PM  
4:00PM – TAKEDOWNS  
5:30PM – SUPPER **(Provided)**  
6:30PM – TOP  
SATURDAY JUNE 5<sup>TH</sup>  
8:30AM – BOTTOM  
10:00AM – SITUATIONS  
12:00AM – LUNCH  
1:00PM – DRILLS  
2:00PM – LIVE TOURNAMENT

Questions call Jeff Giles 785 – 392 – 3135

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**Please return with check if pre registering**

Pre Registration: **\$42.00/\$30.00** for the second camper. (Families with more than one camper)

The pre registration deadline is **Monday May 17<sup>th</sup>**

Please make checks payable to and send pre registration

Forms to Jeff Giles 735 N. Ottawa Minneapolis Ks. 67467

Registration: **\$47.00/\$35.00 for the second camper at the door on June 4th**

**Campers not pre registering must bring this signed form the first day of camp to participate.**

(Registration fees include camp t – shirt)

Camp T – Shirt      S      M      L      XL      XXL      PLEASE CIRCLE ONE

The camper, in attending the camp, does so at his own risk. MHS, its athletic department, and all camp staff shall not be liable for any damages arising from personal injury sustained by damages or injuries, which may occur to the camper during the camp session.

Campers Name \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

You may copy this form to hand out to your wrestlers.