

**CAMP OBJECTIVES:**

- To expose campers to the “No Weak Links” philosophy of the Viking wrestling program
- Develop essential skills in the top, bottom, and standing positions
- Promote sportsmanship in wrestling.

**EQUIPMENT NEEDED:**

Campers will need to bring the following supplies:

- Wrestling Shoes      Spending Money
- Practice Gear        Extra T-shirts

**TO APPLY:**

1. **Fill out application for enrollment in this brochure.**
2. **Detach and mail app to:**

**Missouri Valley College/ TRC Wrestling Camp**  
**831 South 55<sup>th</sup> St**  
**Kansas City, KS 66106**

**PAYMENT:**

1. **Make check payable to:**  
**Turner Recreation Commission**

**Pay by Credit Card:**  
**Call (913) 287-2111**

**Deposit of \$45 due June 11th**  
**Balance at registration!**

Walk up applicants welcome; however please note the \$25 late registration fee

**For further info contact:**

Turner Recreation Commission  
 831 South 55<sup>th</sup> St  
 Kasnas City KS 66106  
 (913) 287-2111  
 OR  
 Mike Machholz  
 Missouri Valley College  
 500 E. College  
 Marshall, Mo 65340  
 (660) 831-4158  
[machholzm@moval.edu](mailto:machholzm@moval.edu)

**CAMP FACILITIES:**

All Sessions will be conducted in the Arthur C Waugh Turner Community Center



**MEALS:**

Campers need to bring a sack lunch Monday-Thursday. Friday TRC will grill out for the campers



**ELIGIBLE AGE GROUPS: Ages 8-18**  
(Age by September 1, 2010)

**INDIVIDUAL CAMP FEES**

**Pre-registraion \$90 (By June 11)**  
(Includes Instruction, Camp T-shirt & cook out on Friday)

**Late-registraion \$115 (June 12- July 12)**  
(Includes Instruction, Camp T-shirt & cook out on Friday)

**TEAM CAMP FEES:** Teams with 10 or more athletes will receive a \$10 discount on **ALL** team campers. Applications must come in together to receive the discount.  
**Bring the whole team!**

**COACHES CAMP FEES:** Coaches welcome! Head Coaches receive free admission with 10 or more campers. Prorated fees will be applied for lesser numbers of campers and additional assist.

**WRESTLING CAMP APPLICATION:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

School: \_\_\_\_\_

Grade Next Year: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

**T-Shirt Sizes**

[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
 xxl xl lg med sm ylg ym ys

**YOU MUST SIGN THE AUTHORIZATION!!**

**PARENTAL AUTHORIZATION:**

I, the parent/legal guardian of the below named applicant, hereby authorize the MVC-TRC Wrestling Camp or its agents, representative or designee to procure, obtain and/or provide medical care or treatment, including the selection of the hospital, physician or medical facility for the below named applicant in the event of a medical emergency or if non-emergency treatment is required and I cannot be reached to provide consent.

I agree that I and not the MVC-TRC Wrestling Camp shall be financially responsible for any and all medical bills or costs incurred as a result of injury, illness or accident while the below named applicant is attending a MVC-TRC Wrestling Camp event.

In consideration for the MVC-TRC Wrestling Camp accepting the below named applicant's application for enrollment, I hereby release the MVC-TRC Wrestling Camp, and their employees, representatives, or agents from all claims resulting or arising from any illness, injury, accident or disease sustained by the event or while attending a MVC-TRC Wrestling Camp event.

I agree and consent to the enforcement of event and site rules and regulations. I understand that should the below named applicant fail to abide by any written or oral rule, regulation or policy of Turner Recreation Commission -Missouri Valley College Wrestling Camp event, the event site or any law, the applicant my be subject to disciplinary action, including dismissal from the event, and that I shall not be entitled to any reimbursement or recourse.

Date: \_\_\_\_\_

Applicants Signature: \_\_\_\_\_

\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

\_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

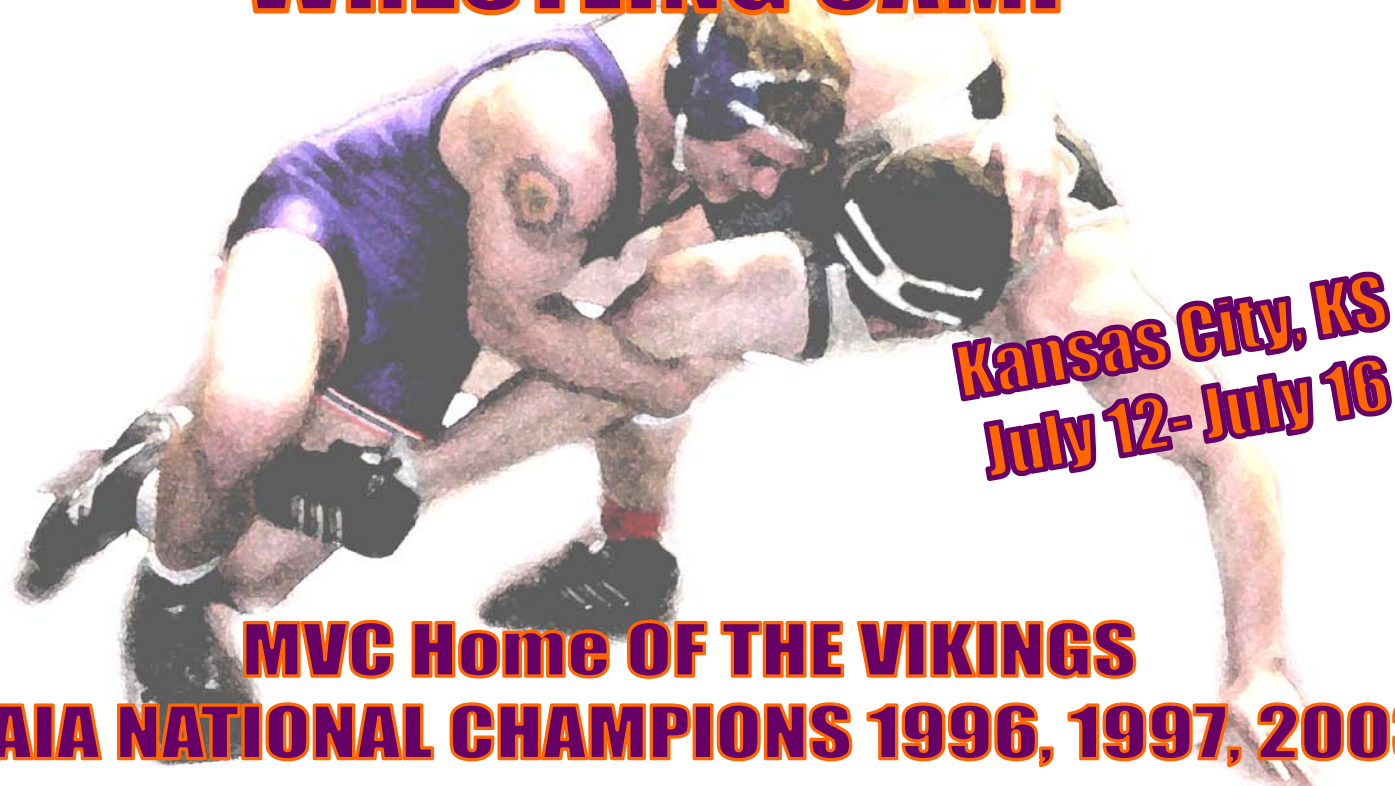


Turner Recreation Commission  
831 South 55<sup>th</sup> St  
Kansas City, KS 66106

## MISSOURI VALLEY COLLEGE/ TRC WRESTLING

**“NO WEAK LINKS”**

# MISSOURI VALLEY COLLEGE/ TRC WRESTLING CAMP



### CAMP INSTRUCTION:

**Mike Machholz, Camp Director  
Head Coach, Missouri Valley College**



- Three National Team Titles
- Fifteen National Champions
- Over 110 All-Americans coached and eight top three National finishes in last 12 years

**Patrick Giangrosso, Head Assistant Coach  
Missouri Valley College**



- 6th year Viking assistant
- 2x NAIA All-American
- Kansas State Champ

**Brian Graham MVC Team Member**



- NAIA National Finalist
- University All-American
- 2x Missouri State Champ
- 3x HS All-American
- 2x NAIA All-American

**Eric Graham MVC Team Member**



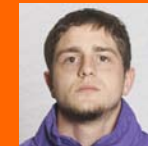
- 3x NAIA All-American
- 2x Missouri State Champ
- 2x HS All-American

**Joe Cornejo MVC Team Member**



- JUCO All-American
- 2x KS State Champ
- KS 4x State Finalist
- 4x HS All-American
- 2x NAIA All American

**Paulie Hansen MVC Team Member**



- 2X NAIA National Qualifier
- 3x KS State Champ
- Brute Adidas All American

**Other instructors include:**

2010 National team members, former National Champions, All-Americans from the Viking program.



### July 12

**Registration:** 8:00 – 9am  
**Session I:** 9:30 am Technique Session 1  
**Lunch:** 12:00-1:30 pm  
**Session II:** 1:30 pm Technique Session 2  
**Live Wrestling:** 3:00- 4:30 pm

### July 13

**Session I:** 9:30 am Technique Session 1  
**Lunch:** 12:00-1:30 pm  
**Session II:** 1:30 pm Technique Session 2  
**Live Wrestling:** 3:00- 4:30 pm

### July 14

**Session I:** 9:30 am Technique Session 1  
**Lunch:** 12:00-1:30 pm  
**Session II:** 1:30 pm Technique Session 2  
**Live Wrestling:** 3:00- 4:30 pm

### July 15

**Session I:** 9:30 am Technique Session 1  
**Lunch:** 12:00-1:30 pm  
**Session II:** 1:30 pm Technique Session 2  
**Live Wrestling:** 3:00- 4:30 pm

### July 16

**Session I:** 9:30 am Technique Session 1  
**Lunch:** 12:00-1:30 pm  
**Session II:** 1:30 pm Technique Session 2  
**Live Wrestling:** 3:00- 4:00 pm