

DOUGLAS COUNTY GOLD

FREESTYLE/GRECO-ROMAN WRESTLING CLUB

2009 Schedule



Practice Sessions

Mondays/Tuesdays/Thursdays (starting April 7) 6-7:30 p.m.
 *at South Gym (8th & Chapel Streets)

Competition Schedule

***we will take a group to bold tournaments, others are optional*

April 11 @ **Blue Springs (Mo.) High School (FS only)**
April 18 @ **Staley (Mo.) High School**
April 25 @ **St. James Academy**
 May 2 @ Norton HS
May 9 @ **Manhattan High School**
June 6 **Kansas State FS/GR @ Circle HS**
 June 7-10 Southern Plains Camp, Fort Hays State Univ.
 June 11-13 Southern Plains Regionals, Fort Hays State Univ.
 June 17-21 Schoolboy National Duals – Indianapolis (must qualify)
 June 17-21 Cadet National Duals – Kansas City, MO (must qualify)
 June 23-28 Junior National Duals – Oklahoma City, OK (must qualify)
 June 30 Kids Nationals FS/GR – Green Bay, WI
July 11 **Sunflower State Games – Topeka Seaman HS**
 July 18-25 Cadet/Junior Nationals – Fargo, North Dakota (must qualify)

Camps

May 28-June 1 Ken Chertow Camp at Baker University (\$200 for Baldwin wrestlers)
 June 7-13 Southern Plains Kids/Cadets Camp/Tournament, Fort Hays State Univ.
 June 9-12 Team Champions Wrestling Camp at Baker University (\$35 for Baldwin wrestlers)
 June 16-19 Team Champions Wrestling Camp at Baker University (\$35 for Baldwin wrestlers)

Important Info

- Wrestling will be freestyle & greco-roman styles. These styles are slightly different than folkstyle (scholastic) wrestling. These are the styles used in the Olympic games.
- Must have current USA Wrestling card (cost is \$30 if you need to purchase one)
- Open to all Baldwin students grades 1-8 (BHS students can attend Monday nights)
- No club fee
- Most tournaments have a \$15-\$20 entry fee
- Transportation to competitions will be provided by Coach Harris if needed
- No experience necessary, beginners welcome
- Questions: contact Kit Harris at 594-3481 (home) or 785-221-8025 (cell)
- Email Kit Harris at: kharris@usd348.com

Coaches

- Kit Harris, BHS Head Wrestling Coach
- BHS National Team Wrestlers Nick Rockhold, Gabe Mason, Matthew James, and others