

2017/18 Rules Modifications for Sanctioned Tournaments (*references to NFSHSA rules book*)

- Rule 1** A club may enter as many wrestlers per age and weight class as are otherwise qualified.
- There is no limit to the number of matches per day per wrestler. Wrestling will not continue past 10:00 P.M. and no more than twelve hours per day.
- No contestant shall wrestle in two (2) consecutive matches with less than fifteen (15) minutes rest between matches in the same bracket, unless both of the coaches and wrestlers involved agree to waive the rest period.
- Rule 2** Every wrestling area, no matter what size, must have a minimum three (3) foot safety mat area next to any floor surface and five (5) foot from any wall or post. Two (2) coaches' boxes will be marked in appropriate locations within the safety area. The coaches' boxes are to be no more than five (5) foot in width. The wrestling area of the mat shall be based on the age group competing, as follows:
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| Under 11 | must have a minimum wrestling area of 15'x15' |
| 11 to 14 | must have a minimum wrestling area of 20'x20' |
| High School | must have a minimum wrestling area of 24'x24' or a circular area of 28 feet in diameter |
- The rule on mat markings is omitted.
- Rule 3** A minimum of fifty-percent (50%) of the officials will be required to be USAWA-Kansas and high school registered for all sanctioned tournaments. One registered official will serve on the tournament disciplinary committee and be in charge of all officials. It is recommended that all officials be both kids and high school registered.
- The enforcement of rules regarding facial hair, fingernails and communicable diseases will be the responsibility of the tournament committee at the time of weigh-in. The Tournament Director will have a medical aid procedure in operation and at a minimum of an E.M.T. present on site, and will advise the coaches who the medical director may be.
- The safe handling of blood cleanup on the mats will be the responsibility of the host tournament director, who will have cleanup materials at all mat areas.
- Rule 4** The legality of all uniforms will be up to the referee, and need not conform to the NFSHSA rule.
- There is no restriction on hair length. A hair cover is not required.
- The written documentation required by Rule 4-2-3 must consist of the form approved by USAW Kansas Kids. This form must be accompanied by a physician's letterhead or prescription form.
- Competition shall be in the following age and weight classes (*6 & Under is advisory only*). Ages are determined as of midnight, August 31, 2018. The wrestler or the wrestler's club must, within one week, provide a birth certificate or similarly reliable verification that the wrestler's age and school grade stated on his/her membership card is accurate. The High School Division is available for wrestlers currently attending high school, or middle school if their age does not qualify them for a younger age division. Wrestlers qualifying for two different age divisions may only enter one of those divisions.
- 6 & Under** 37, 39, 41, 43, 45, 47, 49, 51, 53, 55, 58, 61, 64, 67, 70, 73, 80, 88, 95, 110, 125
- 8 & Under** 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125, 140
- 9 & 10** 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170, 190
- 11 & 12** 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240, 265
- 13 & 14** 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265
- High School** 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 250, 285
- Additional and/or combined age and weight classes can be used at the option of the host tournament director. Double-dipping (entry into a maximum of two different age brackets) and wrestling up in age shall be permitted. Should the tournament director wish to opt out of allowing double-dipping and /or wrestling up in age, they must notify entrants via flyer or other means prior to tournament.
- No wrestler will be permitted to wrestle another person with a weight spread exceeding the following weights:
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| 8 & Under | 15 Pounds |
| 9 & 10 | 20 Pounds |
| 11 & 12 | 25 Pounds |
| 13 & 14 | 30 Pounds |
| High School | 35 Pounds |
- All sanctioned tournaments will hold a weigh-in. The weigh-in procedures shall be determined by the tournament director. All participants shall have the opportunity to weigh-in at the same time. No weigh-in shall be prior to twenty four (24) hours before the published tournament start time. Wrestlers shall wear a competition style singlet at weigh-in.
- There shall be no weight allowances given, unless otherwise allowed by the tournament director. Age modifications may be allowed for some special needs wrestlers (see Bylaws for details).
- Rule 6** The length of matches will be determined by the age group wrestling. 8 & Under / 9 & 10 will wrestle three 1-minute periods. All other age groups will wrestle three 1½-minute periods.
- The first period in all consolation matches may be either one minute, or a regulation length period, at the option of the tournament director.
- Rule 8** Any individual ejected from a sanctioned event will not be allowed to participated in and/or attend any other sanctioned tournaments, meetings, events, or practices for the following time periods from the date of the ejection:
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|----------------------------|---------------------|
| 1 st occurrence | – 8 days |
| 2 nd occurrence | – 24 days |
| 3 rd occurrence | – one calendar year |
- Rule 10** Wrestling will not begin until the wrestler is represented by a coach at matside. Coaches and wrestlers shall be permitted a maximum of two minutes total to appear at the mat. Failure of a coach or wrestler to appear shall result in forfeit to the opponent.
- A forfeit or no-show is the same as any other loss.

**These rules are mandatory for all sanctioned tournaments.
Go to www.usawks.com/ByLaws.pdf for a complete list of rules.**

Rules Modifications for Qualifying Tournaments

Qualifying tournaments are subject to all sanctioned tournament modifications, except where those rules have been modified or expanded. Key modifications to the rules are listed below (see the ByLaws for a complete list).

- Each qualifying tournament may have one weigh-in at or near the qualifying tournament location and up to four additional satellite weigh-ins, to be determined by the district director, within the qualifying tournament boundaries. The weigh-in at each location shall be held at the same time on scales that are verified. Each weigh-in location must be supervised by a State or District officer, and a USAW-Kansas registered official.
- The safety mat area defined in modified Rule 2-1-2 must be kept clear at all times, except for two member coaches per wrestler. Only member coaches with bronze level certification will be allowed mat side.
- The referee's uniform is mandatory. All referees must be both High School and Kids registered.
- No additional age or weight classes are allowed. Wrestlers whose weight exceeds the maximum weight class in their age division may move up a maximum of one age division; otherwise, wrestlers may not wrestle out of their age division.
- There shall be no weight allowances given. NFHS rules will apply regarding maximum weight differences between competitors.
- The first period in all consolation matches will be one minute.
- In the event of a bracket with 3-5 wrestlers, there will be a round robin. In the event of a two-man bracket they will wrestle the best two out of three matches.



<http://www.usawks.org>

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This document summarizes rules as printed in the Bylaws of USAW-Kansas. This is a summary only and is not authoritative. For the complete rules, go to <http://www.usawks.org/page/show/926527-rules>